

How to prepare for an emergency

1. Get the **contact information for your neighbors**. Or, create a phone tree among your neighbors to check in with one another. In an emergency, reach out to your neighbors to see if they are okay or if they need anything.

2. Create an **alert from VT Alert** to receive a notification in case of a public emergency, such as evacuation information, chemical spills, shelter-in-place alerts, weather advisories, boil water advisories, and roadway interruptions. VT Alert is used by state and local responders to notify the public of emergency situations. You can reach them at:

<https://vem.vermont.gov/vtalert>
They are also available on

Facebook
<https://www.facebook.com/VermontAlert>

Twitter.
<https://twitter.com/vermontalert>

<https://www.facebook.com/groups/3196240770439317>

3. Have the **following items on hand**:

- A charged cell phone and charging cable
- Flashlights (headlamp) with fresh batteries
- A gallon of water per day per person for at least three days
- At least a three-day supply of nonperishable food
- A battery-powered or hand-crank radio
- Medications, a list of your medications and the phone numbers for your pharmacy and physicians.

Have a question about this?

Please reach out to our Administrative Assistant at (802) 365-7772 Ext #4